

## CHILDRENS HOSPITAL LOS ANGELES DONOR CENTER

### BLOOD DONOR INFORMATION SHEET

HERE'S IS WHAT WILL HAPPEN:

**First**, you will read this Information Sheet and decide if you should give blood today.

**Second**, we will ask you questions about your medical history. If you have any questions, please ask one of us.

**Third**, we will ask you to sign your form. The form says that you understand this sheet and that you have honestly answered all of our questions.

**Fourth**, we will give you an opportunity to mark the Confidential Unit Exclusion ballot to let us know, in private, if we should or should not give your blood to another person.

**Fifth**, we will check your blood pressure, pulse and temperature and test a sample of your blood for anemia.

**Sixth**, you will give blood and then relax for a while.

### WE WILL TEST YOUR BLOOD FOR INFECTIOUS DISEASES

We will test your blood to see if it has anything that could make someone sick. If for some reason we may not do all the tests we will tell you. If you are not eligible to donate blood, your blood will not be tested for infectious diseases. If one of our tests finds something that you should know about, we will let you know and advise you to see your doctor. Here are the tests that we do:

- HIV. We test your blood for HIV, the AIDS virus.
- HTLV I/II. We test your blood for HTLV I/II, a virus that may cause a blood or nerve disease.
- Hepatitis. We test your blood for hepatitis, a liver infection.
- Syphilis. We test your blood for syphilis, a venereal disease.

### WE MAY PUT YOUR NAME ON A LIST.

We keep a list that has the names of people whose blood might make someone sick. If your medical history or blood tests are unclear, or if they show that your blood might make someone sick, we will put your name on this list only. Only your name is on the list, not the reason you were put on the list.

### ARE OUR TESTS PERFECT?

Our tests are very good, but no test is perfect. We are counting on you to be honest when we ask you the following things about your health and about things that you may have done.

#### **About your health:**

Have you lost a lot of weight without trying? (For most people, this would mean losing 10 pounds or more in 2 months.)

Do you sweat a lot at night? Have you experienced unexplained fatigue or fever?

Have you had blue or purple spots on or under your skin, (typical of Kaposi's sarcoma) or inside your mouth or nose?

Have you had white or unusual spots in your mouth that do not go away?

Have you had swollen glands that last more than a month?

Have you had a fever greater than 99° F for more than 10 days?

Have you had a cough, shortness of breath or diarrhea that will not go away?

**About things that you may have done:**

Do you have AIDS, ARC or have you ever had a positive test for AIDS virus? Have you had sexual contact with someone who has?

Men, have you had sex with another man even once since 1977?

Women, have you had sex with a man who has had sex with another man even once since 1977?

Have you taken illegal drugs with a needle even one time? Have you had sex with someone who has?

Have you been given money or drugs for sex at any time since 1977?

Have you give money or drugs to someone else for sex in the last 12 months?

Have you had or been treated for syphilis or gonorrhea in the last 12 months? Have you had sex with someone who has?

Have you taken clotting factor concentrates for a bleeding disorder such as hemophilia? Have you had sex with someone who has?

Have you been given blood in the last 12 months for any reason, such as an accident or surgery?

Have you been incarcerated at a correctional institution for more than 72 consecutive hours within the previous 12 months?

In the past 12 months have you had a tattoo, ear or skin piercing, accidental needlestick or come in contact with someone else's blood?

Have you spent a total of 3 months or more in the United Kingdom (England, Scotland, Northern Ireland, Wales, the Isle of Man, Gibraltar, Falkland Islands or the Channel Islands?) from 1980-1996?

Since 1980 have you spent time that adds up to 5 years or more in Europe?

Between 1980- 1996, were you a member of U.S. military, a civilian employee or a dependent of a member of the U.S. military?

If yes, did you spend a total of 6 months or more associated with a military base in any of the following countries:

From 1980- 1990 in Belgium, the Netherlands or Germany?

From 1980- 1996 in Spain, Portugal, Turkey, Italy or Greece?

Were you born in, have you lived in or have you traveled to Cameroon, Central African Republic, Chad, Congo, Equatorial Guinea, Gabon, Niger or Nigeria since 1977? If you traveled to these countries did you received a blood transfusion or other medical treatment with a product made from blood? Have you had sexual contact with anyone who was born in or lived in these countries since 1977?

IF YOU ANSWERED YES:

If you answered yes to any of the questions above, you must not give blood. There are 3 things you can do:

Leave now without giving blood, or

Talk with the person who takes your medical history, who can help you with any questions or concerns, or

Let us know in secret that we should not give your blood to another person.

Do not give blood just to get an AIDS test. If you want an AIDS test, Call 1-800-342-AIDS to find out where to get a test. The phone call is free.

#### RISKS OF DONATING BLOOD

The process of donating blood is not without risks, which may include, but are not limited to, hematoma at the puncture site, dizziness or nausea. Please ask the donor center staff if you have any questions.

In the state of California, it is a felony punishable by imprisonment in the state penitentiary for 2 to 6 years for any person to donate blood to any medical center or blood bank, who knows that he or she has Acquired Immune Deficiency Syndrome (AIDS) as diagnosed by a physician and/or surgeon or who knows that he or she has tested reactive to the etiologic agent of AIDS or the antibodies of that agent. This does not apply to anyone who self defers his or her blood.

On behalf of the patient's who need your blood, "Thank you!" We look forward to seeing you again.